

September 7, 2017

Dear Parent/Guardian,

The Grade 8 students will be going to the Kettleby Valley Camp and Outdoor Centre located in Kettleby. We have organized a range of recreational and leadership type activities. These activities include a climbing wall, a high ropes course, canoeing (may change), and archery. Each activity will be supervised by a trained leader that is employed by the Camp.

Safety is a priority on all of our trips. Though we encourage students to participate in all activities, we understand that some activities may be more challenging. Students will have the choice of participating in any activity. Students participating in canoeing must wear a lifejacket that is provided by the camp. Students participating in the wall climbing and the high ropes course must wear helmets and a harness. Students must listen attentively to all instructions prior to all activities. Failure to do so will result in that student sitting out that activity!

The details of the trip are below:

Date: **Thursday September 21, 2017**

Departure Time: **8:30 a.m.**

Return Time: **2:55 p.m.** We may not be back in time for the buses. Students should arrange alternate rides home that day. Traffic is a variable we cannot control!

Cost: **\$29.00** (includes price of programme and cost of the buses)

Students need to bring a lunch that is nut-free as we have students attending that have life-threatening nut allergies. There are no vending machines to purchase any snacks at the Camp.

The entire programme is done outside rain or shine. Students are asked to wear appropriate clothing. Keep in mind the following:

- students need to wear shoes (running shoes or hiking shoes) that are meant for walking in the woods and for climbing;
- students should layer their clothing so they can adjust to the temperature of the day;
- students have fallen in the pond while canoeing so an extra pair of dry clothes and shoes are recommended;
- hats should be worn;
- sunscreen and mosquito repellent should be worn;
- students should bring some type of rain gear (raincoat, umbrella, etc.);

Given the nature of the activities, there is an element of risk in participating in this trip. We ask that you read and sign the attached form.

Please return the signed forms along with the \$29.00 payment (cheque only made payable to Holy Spirit School) to the school no later than Wednesday September 13, 2017.

If you have any questions or concerns regarding this trip, please do not hesitate to contact us.

Sincerely,

Mr. Bonavota and Mrs. Pineda